



## ABOUT ADDICTION

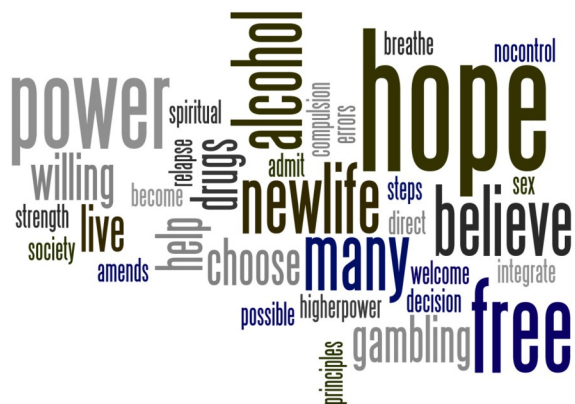
The Canadian Council on Substance Abuse (CCSA) estimated in 2002 the social cost of addictions in Canada at \$39.8 billion dollars annually—due to factors such as health care, social service programs, lost productivity, treatment programming and other expenses. This breaks down to *a cost of \$1267 per Canadian citizen.*

An average of 8,000 people per year exit treatment programs every year in Manitoba. Upon completion, they are seeking safe residence, a place to stay in a sober environment, where people supports are available.

Barriers such as social isolation, lack of community supports, and economic realities contribute to relapse and recycling back into treatment for many. Barnabas House offers a safe, supportive place to live and grow, to develop community, spiritual growth, and to heal.

Barnabas House

**For more information contact:**  
Nassau Street Church at 475-3841  
Fax: 204-287-2202  
(232 Nassau St. N) R3L 2H8



## BARNABAS HOUSE

**A Home  
for Men**



## A SAFE PLACE TO LIVE

Barnabas House is a halfway house for men in recovery from addictions and for men in life transitions. Owned and operated by Nassau Street Church, “The Barn”, as it is affectionately known, opened in 1995.

Through the years over 70 men have come through the Barnabas House—towards the pursuit of a life free from addiction, developing new relationships and community supports.

Spiritually, many men have experienced transformation through the power of a relationship with Christ and new life within. Barnabas House is located in the Osborne village area, just off Corydon, near ‘Confusion Corner’.



## WHAT IS EXPECTED OF ME?

Residents of Barnabas House typically arrive from the community, or enter after having completed addictions treatment programming. Applicants are required to have at least 3 weeks clean time from drug or alcohol use. A screening interview will be completed with the Barnabas House team to determine eligibility for entrance.

Barn residents will participate in typical post-treatment life pursuits—such as resuming employment, education, attending support groups and personal recovery meetings. Residents in the house share in chores and meal preparation. The live-in house mentor oversees the day to day running of the house.

## WHAT ELSE SHOULD I KNOW?

The cost to stay in the house is \$400 per month, which includes all utilities. Clients on social assistance may arrange to stay at the house on their allowance, and reimburse their monthly shortfall once earning an income, based on a wage scale.

Residents are expected to attend weekly church service, in consultation with the Barn team, on a weekly basis. Spirituality is considered to be central to recovery.

Typical length of stay ranges from a few months to a year or more, while average length of stay for men is 9 months.

Applications can be filled out online or downloaded from: [nassaustreetchurch.com/barnabas-house/](http://nassaustreetchurch.com/barnabas-house/). Completed applications can be faxed to 204-287-2202 or emailed to [admin@nassaustreetchurch.com](mailto:admin@nassaustreetchurch.com)

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